

1996 Section 7AA Girls Championship at Griggs Field, UMD on May 30th and June 1st

Teams: Duluth East 115, Hibbing 105, Saint Francis 81, Forest Lake 79, Grand Rapids 63, Virginia-MI-B 49, North Branch 43, Duluth Central 28, Chisago Lakes 27, Duluth Denfeld 23, Cambridge 21, Cloquet 13, Proctor 4, Princeton 2.

100

- 1 Livia Monacelli, V-MI-B 12.57
- 2 Shyla McKibbon, Hib 12.85
- 3 Sara Baldwin, DE 12.86
- 4 Jenny Page, Denf 13.03
- 5 Kim Whitman, StF 13.04
- 6 Nicole Wilson, Camb 13.31

200

- 1 Livia Monacelli, V-MI-B 25.93
- 2 Meri Neuman, StF 26.01
- 3 Shyla McKibbon, Hib 26.10
- 4 Kim Whitman, StF 26.77
- 5 Jenny Page, Denf 27.02
- 6 Johanna Barnstorf, DE 27.32

400

- 1 Kristen Simonsen, DE 58.72
- 2 Meri Neuman, StF 59.01
- 3 Catie Petrick, V-MI-B 60.10
- 4 Hollie Tellin, FL 60.52
- 5 Andrea Vake, Hib 61.83
- 6 Myra Pepper, DC 62.34

800

- 1 Jill Kmetz, FL 2:18.55
- 2 Beth Druley, StF 2:18.80
- 3 Yvonne Glenn, DC 2:21.47
- 4 Annalisa Harrington, DE 2:23.05
- 5 Amy Skraba, Hib 2:23.50
- 6 Sarah Shaw, Camb 2:24.47

1600

- 1 Kara Wheeler, DE 5:06.93
- 2 Serena Sullivan, Hib 5:11.52
- 3 Kendall Wheeler, DE 5:19.88
- 4 Melissa Dubay, NB 5:25.48
- 5 Megan Anderson, DE 5:26.17
- 6 Jamie Skipper, V-MI-B 5:35.50

3200

- 1 Kara Wheeler, DE 11:15.95
- 2 Amy Hill, DE 11:26.89
- 3 Heidi Krause, Hib 11:40.15
- 4 Kristine Hartmark, DE 11:42.47
- 5 Melissa Dubay, NB 11:55.41
- 6 Rachel Sackett, GR 12:06.990

100 Hurdles (33")

- 1 Amy Carlson, DC 15.92
- 2 Jamie Mueller, FL 16.05
- 3 Gina Zakariasen, GR 16.20
- 4 Shannell Vanlith, Hib 16.61
- 5 Meghan Devine, NB 17.05
- 6 Jenny Hoard, GR 17.08

300 Hurdles (30")

- 1 Serena Sullivan, Hib 46.69
- 2 Amy Carlson, DC 48.23
- 3 Kelly Sullivan, DE 48.34
- 4 Shannell Vanlith, Hib 48.71
- 5 Heather Westmoreland, FL 48.72
- 6 Mel McClaskie, NB 48.93

4x100 Relay

- 1 Duluth East (K Simonsen, L Neumann, A Pflepsen, S Baldwin) 50.99
- 2 St Francis 51.63
- 3 Forest Lake 51.70
- 4 Denfeld 51.75
- 5 Hibbing 52.61
- 6 Cambridge 53.20

4x200 Relay

- 1 St Francis 1:46.53
- 2 Virginia-MI-B 1:46.73
- 3 Forest Lake 1:49.30
- 4 Grand Rapids 1:49.36
- 5 Hibbing 1:49.76
- 6 Duluth East 1:50.56

4x400 Relay

- 1 Duluth East (A Pflepsen, Ka Wheeler, H Phillips, K Simonsen) 4:03.55 **
- 2 Hibbing 4:06.93
- 3 Forest Lk 4:10.40
- 4 St Francis 4:14.81
- 5 Cambridge 4:21.33
- 6 Denfeld 4:22.03

4x800 Relay

- 1 Duluth East (Ke Wheeler, K Hartmark, A Hill, A Harrington) 9:29.02 **
- 2 Dul Central 9:37.68
- 3 Grand Rapids 9:44.61
- 4 Hibbing 9:46.73
- 5 Cambridge 10:03.74
- 6 Chisago Lakes 10:12.58

Shot Put

- 1 Shyla McKibbon, Hib 41-2.5
- 2 Beth Howard, NB 39-11.75
- 3 Heather Westmoreland, FL 35-6.25
- 4 Joy Wittmers, DE 34-1
- 5 Crystal Rouleau, V-MI-B 32-11.5
- 6 Tara Suihkonen, V-MI-B 32-6.25

Discus Throw

- 1 Beth Howard, NB 122-5
- 2 Heather Westmoreland, FL 113-8
- 3 Shyla McKibbon, Hib 112-1
- 4 Crystal Rouleau, V-MI-B 108-4
- 5 Becky Johnson, SF 104-8
- 6 Katie Madrinich, Hib 103-3

Long Jump

- 1 Stephanie Cherrier, SF 17-7.5
- 2 Aimee Ross, GR 17-3
- 3 Steff Borck, CL 16-11.5
- 4 Sarah Maki, Hibb 16-5.75
- 5 Ky Matthes, Cloq 16-1
- 6 Jenny Page, Denf 16-0.5

High Jump

- 1 Steff Borck, CL 5-3
- 2 Jill Anderson, FL 5-1
- 3 Ky Matthes, Cloq 5-1
- 4 Meghan Devine, NB 5-1
- 5 Aimee Ross, GR 5-1
- 6 Ellie Lewis, GR 5-1

Triple Jump

- 1 Aimee Ross, GR 36-0.75 **
- 2 Stephanie Cherrier, SF 36-0.5
- 3 Steff Borck, CL 35-4.5
- 4 Ellie Lewis, GR 34-6.5
- 5 Tracy Labernick, FL 34-3
- 6 Jamie Mueller, FL 34-2

* Ties Meet Record

** New Meet Record

Notes: